

# Saltire Recreational Programme

Sep-24

	9-10am	10-11am	11-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
<b>MON</b>								Level 8 4:30 - 5:30pm Niamh & Lily Saltire Facility	Level 8 5:35 - 6:35pm Niamh & Lily Saltire Facility		Level 7 6:40 - 8:10pm Niamh & Lily Saltire Facility	
									Level 7 5:00- 6:30pm Mia & Sophie R Meadowmill	Level 6 6:30pm Sarah & Anna W Sports Centre		
<b>TUE</b>						Preschool 3-5 1:50-2:35pm Rachel & Niamh			Level 8 4:30-5:30pm Niamh & Ellie	ASN 5:30-6:15pm Rachel, Niamh & Ellie		
								Level 7 4:00 - 5:30pm Rachel & Keeli Meadowmill	Level 6 Dylan & Josh Sports Centre			
<b>WED</b>	Preschool 3-5 9:30-10:15am Sheryl & Esther	Preschool P&T 10:20-11:05am Sheryl & Esther		ASN 1:1 12:00 - 1:00pm Sheryl & Esther		Preschool 3-5 1:50-2:35pm Sheryl & Esther		Level 8 4-5pm Niamh & Keeli	Level 7 5:05-6:35pm Niamh & Keeli		Level 8 (P3+) 6:40-7:40pm Niamh & Keeli	
<b>THU</b>						Preschool 3-5 1:50-2:35pm Rachel & Niamh		Level 7 4-5:30pm Rachel & Sophie A	Level 8 (P1&2) 5:35-6:35pm Rachel & Sophie A		Level 6, 5 & 4 Body Prep 6:40-8:10pm Rachel & Sophie A	
<b>FRI</b>	Preschool P&T 9:30-10:15am Rachel & Esther	Preschool 3-5 10:20-11:05am Rachel & Esther			Level 8 (P1&2) 1-2pm Niamh & Josh	Level 8 (P3+) 2:05-3:05pm Niamh & Josh		Level 7 3:10-4:40pm Niamh & Josh	Level 6 Mini/Primary ( <b>compulsary</b> ) 4:45-6:45pm Niamh & Josh			
<b>SAT</b>	Level 8 09:30-10:30am Sarah & Sophie A Saltire Facility	Level 8+ 10:35-11:35pm Sarah & Sophie A Saltire Facility		Level 7 12:00-1:30pm Sarah & Lily Saltire Facility	Level 7 (Boys) & Level 6 1:30 - 3:00pm Sarah & Lily Saltire Facility		Level 6 Youth ( <b>compulsary</b> ) 3.00 - 5.00pm Sarah & Lily Saltire Facility					
<b>SUN</b>									Display (Level 6 +) 5:00-7:00pm			