Saltire Recreational Programme

Aug-23

	9-10am	10-11am	11-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
MON								Level 8 5-6pm Niamh & Cameron Saltire Facility	Level 8 5:05 - 6:05pm Niamh & Cameron Saltire Facility	Level 5 6:10 - 7:40pm Niamh & Cameron Saltire Facility		
									Level 7 & Level 6 5-6:30pm Mia, Anna, Sophie, Katy/Aimee Meadowmill Sports Centre			
TUE				Preschool P&T 12:10- 12:55 Tracey & Niamh	Preschool 3-5 1-1:45pm Tracey & Niamh	Preschool 3-5 1:50-2:35pm Tracey & Niamh		Level 8 4-5pm Mia & Ellie	ASN 5:05-5:50pm Tracey, Mia & Ellie	Level 7 6-7:30pm Mia & Sophie		
									Level 6 5-6:30pm Sheryl & Lucy Meadowmill Sports Centre			
WED	Preschool 3-5 9:30-10:15am Tracey & Sheryl	Preschool P&T 10:20-11:05 Tracey & Sheryl				Preschool 3-5 1:50-2:35 Tracey & Sheryl		Level 8 4-5pm Mia & Keeli	Level 7 5:05-6:35pm Mia & Keeli		Level 8 (P3+) 6:40-7:40 Mia & Keeli	
THU					Preschool P&T 1-1:45pm Tracey & Sheryl	Preschool 3-5 1:50-2:35 Tracey & Sheryl		Level 7 4-5:30pm Sheryl & Anna	Level 8 (P1&2) 5:35-6:35 Sheryl & Anna		Level 4, 5 & 6 Body Prep 6:40-8:10 Sheryl & Anna	
FRI	Preschool P&T 9:30-10:15am Sheryl & Niamh	Preschool 3-5 10:20-11:05am Sheryl & Niamh			Level 8 (P1&2) 1-2pm Niamh & Anna	Level 8 (P3+) 2:05-3:05pm Niamh & Anna		Level 7 3:10-4:40 Niamh & Anna	Level 6 (compulsary) 4:45-6:15 Niamh & Anna		Level 5 (compulsary) 6:30-8:30 Sheryl & Niamh (Meadowmill SC)	
SAT		Level 8 10:00-11:00 Anna & Sophie Saltire facility	Level 8 11:05-12:05 Anna & Sophie Saltire facility									
	Level 5 9:30-11:30 Sheryl Meadowmill SC		Level 6 11:30-1pm Anna & Lily Meadowmill SC		Level 7 12:30-2:00pm Josh & Lily Meadowmill SC	Level 7 (Boys Class) 2 - 3.30pm Josh Meadowmill SC						
SUN												